

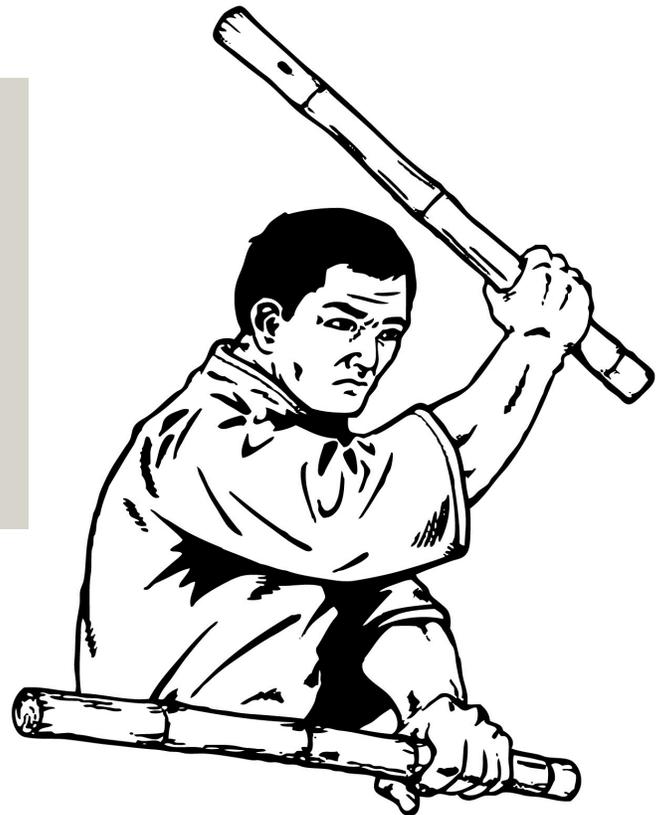
# Filipino Martial Arts

**Monday**

**7:00-8:00 pm**

**Ages: 14 & Up**

**Cost: \$35 per month**



Come learn the traditional martial arts of the Philippines. This class will emphasize weapon based fighting skills while using a solo baston. It is excellent in developing qualities such as timing, coordination, and reflexes. It is highly effective and used by elite military and counter terrorist organizations worldwide.